



## The British Kendo Association Jodo and laido Level One Coaching Course

### 17<sup>th</sup> September 2022

## Information Pack Roles and Qualities of a coach

The course will be led by

Martin Clark – Iaido Coach Tutor Keith Ogden - Iaido Coach Tutor

#### Introduction

The BKA is pleased to announce a Level 1 coaching course for both Jodo and Iaido The course will run from 09:30 – 17:00

# The Required Course/Delegate notes. Closing date for Booking and Notes – 2nd September 2022

Available from,

Martin Clark - Coach Program Officer.

at maark@bas.ac.uk

#### Venue

British Antarctic Survey
High Cross
Madingley Road
Cambridge
CB3 0ET

Tea and coffee facilities will be available but please bring lunch.

The Day involves a teaching session, so it is advisable to wear loose clothing. Hakama is required for the day but does not have to be worn. Please bring Bokken/Jo as appropriate for the teaching session

#### The Course.

The L1 course is aimed at those wishing to step up to the role of assistant coach and Dojo Leader.

It focuses on the Roles and Qualities these persons play in the Dojo It reinforces the ideals of correct practice, Health and Safety, Equity in your coaching and duty of care.

It also lays out the minimum requirements for you to fulfil these positions with a view to Risk assessment, Must have for Coaches, Dojo Administration, Duty of care and begins to focus on the importance of how teaching happens and how you go about teaching others, including warming up and cooling down.

Please bring Hakama and Gi these are required for one session but do need to be worn on the day.

Swords are not required but cleaning, care and taking apart will be covered.